



असोदया

RSSDIUPCON 2026

THEME DIABETES ACROSS VARIOUS LIFE STAGES - CHALLENGES AND OPPORTUNITIES

15th Annual Conference of
**Research Society for the Study
of Diabetes in India**
UP Chapter

 13th - 15th March 2026

 **Hotel Royal Heritage, Ayodhya**



www.rssdiupcon2026.com

CONFERENCE BROCHURE

Welcome Message

Dear Colleagues,

On behalf of the Organizing Committee of **RSSDI UPCON 2026**, it is our great pleasure to welcome you to the **15th Annual Conference of Research Society for the Study of Diabetes in India Up Chapter Conference 2026**, scheduled on **13th - 15th March 2026** at **Hotel Royal Heritage, Ayodhya**, Utter Pradesh.

The conference promises to be an enriching platform for sharing knowledge, exchanging ideas, and fostering collaborations in the field of diabetes research and management. With an exciting lineup of renowned speakers, interactive workshops, and cutting-edge research presentations, this event aims to address the latest advancements and challenges in diabetes care.

Beyond its mythological significance, Ayodhya is also a site of historical importance. It was a thriving centre of trade, culture, and spirituality during ancient times. Over the centuries, Ayodhya witnessed the rise and fall of several dynasties, including the Mauryas, Guptas, and Mughals.

Ayodhya is a city situated on the banks of holy river Saryu and the birthplace of Bhagwan Shri Ram and setting of the great epic Ramayana. The main attraction of Ayodhya is newly build Bhagwan The Ram Mandir and other are Hanuman Garhi, Kanak Bhawan, Dashashwamedh Ghat and Ram Ki Paidi. Come and join conference in a large scale to explore the vibrant city, Ayodhya.

Your participation is invaluable in making this conference a success. We eagerly await your presence at RSSDI UPCON 2026 and hope to make this event a memorable and impactful experience for all.

Warm regards,



Dr. K S Mishra
Organising Chairman



Dr. Sunil Bansal
Chairman Sci-Committee



Dr. Shivendra Sinha
Organising Secretary



Dr. Virendra Verma
Organising Secretary

State Executive Committee



Dr Anuj Maheshwari
National President



Dr. Narsingh Verma
Chairman



Dr. Sunil Bansal
Chairman Elect



Dr. Ajoy Tiwari
Secretary Chapter



Dr. Prabhat Kumar Aggarwal
Vice-Chairman



Dr. Abhishek Arun
Joint Secretary



Dr. Hemali Jha
Joint Secretary



Dr. Prahlad Chawla
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Dr. Amitesh Aggarwal
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Dr. Nishant Kanodia
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Dr. Manoj Kumar Srivastava
Governing Council Member



Dr. Subhodh Jain
Governing Council Member

Co-opted Members



Dr. Saurabh Srivastava



Dr. Ashish Gautam



Dr. P K Gupta

Organising Committee

Patrons



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Dr. R S Pande



Dr. F B Singh

Chief Advisor



Dr. Veerendra Singh



Dr. V K Gupta



Dr. R K Banodha



Dr. Dimple Sinha

Co-Advisor

Organising Chairman



Dr. K S Mishra

Chair-Scientific Committee



Dr. Sunil Bansal

Organising Co Chairman



Dr. S K Pathak



Dr. Nanak Saran

Organising Secretaries



Dr. Shivendra Sinha



Dr. Virendra Verma

Joint Secretary



Dr. Saurabh Jaiswal

Treasurer



Dr. P D Tripathi

Chair-Scientific Committee



Dr. Sunil Bansal

Scientific Secretary



Dr. Priyanka

Members-Scientific Committee



Dr. Arvind Kumar



Dr. Vimlesh Kr. Verma



Dr. Piyush Gupta

District Coordinators



Dr Mukesh Rana
Ambedkar Nagar



Dr Neeraj Kumar
Amethi



Dr Amit Patel
Azamgarh



Dr. Ajay Kumar Verma
Bahraich



Dr Shivam Verma
Barabanki



Dr Pankaj Singh
Basti



Dr Vijay Kumar Gupta
Deoria



Dr Vidya Sager
Etawa



Dr V. K. Chaudhary
Fatehpur



Dr Dhananjay
Ganzipur



Dr. M.K. Panday
Gonda



Dr. Saurabh Panday
Gorakhpur



Dr Susheel Karwar
Jaunpur



Dr. Vivek Kumar Sachan
Kanpur



Dr N.K Verma
Lakhimpur Kheri



Dr A I Hanfi
Lucknow



Dr Nitin Ranjan Gupta
Lucknow



Dr Sanjay Kumar Singh
Mau



Dr Kanahaiya
Padrouna



Dr Brijesh Singh
Rai Bareilly



Dr N.N Panday
Shravasti



Dr R A Verma
Sultanpur



Dr Dharmendra
Uraiya

Call for Abstract

RSSDI UPCON 2026 invites free paper / scientific research / abstracts to be presented in the conference. The scientific committee shall review each abstract and the presenters shall be notified of the outcomes and successful authors shall be invited to present poster / papers depending upon originality and appeal of the scientific work.

The abstracts submission starts from: 1st July 2025

The deadline for abstracts submission is: 15th January 2026

IMPORTANT INSTRUCTIONS & GUIDELINES

Submission Rules

- ▶ Abstracts must contain original scientific data collected by the author(s).
- ▶ Language: All abstracts are to be written in English. The Scientific Committee reserves the right to edit abstracts where the English structure makes comprehension difficult.
- ▶ Submission: All abstracts must be submitted via the Online Abstract Portal.
- ▶ Abstracts should be limited to a maximum of 250 words and should include the following:
 - Title of abstract
 - Names and contact details of author(s) organisation, city/country, email, phone numbers and mailing address}.
 - The abstract must include the following headings clearly: Introduction, Aim, Methods, Results, and Conclusions.
 - You will be notified of receipt of your abstract by email. If you do not receive an email within two weeks of submission or if you have any additional queries, please contact: rssdiupcon26@gmail.com

Submission Categories

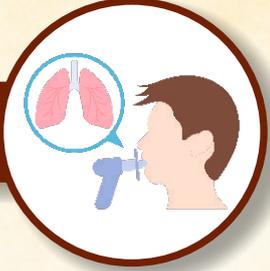
- ▶ Paper Presentation
- ▶ Poster Presentation

Terms and Conditions

- The scientific committee reserves the right to make the final decision about abstract acceptance and its scheduling into the program based on topics and time constraints.
- All abstracts must be prepared using the abstract submission guidelines.
- Each abstract submission must indicate if the material was published or presented in any prior conferences or if it received any awards.
- All presenters must register to attend the conference within a maximum of 2 weeks of acceptance of the abstract and be present at the time of the conference.
- A certificate of appreciation will be given to presenting Author (Only) to honor their presentation.
- Presenters must not use the session as a marketing opportunity for products\equipment.
- Only single submission is allowed.

Pre Conference Workshops

Spirometry



Insulin

and more



RSSDIUPCON2026

15th Annual Conference of
Research Society for the Study of Diabetes in India (UP Chapter)

13th - 15th March 2026 | Hotel Royal Heritage, Ayodhya

REGISTRATION FORM

Please Fill in **BLOCK LETTERS**

(*It is important that you provide an email & mobile number so that future communications can be sent to you via SMS/ e-mail)

Title: Prof. Dr. Mr. Ms. Mrs. Gender: Male Female

First Name*: _____ Last Name: _____

Institute / Hospital: _____ Designation: _____

Postal Address: _____

_____ City: _____ State: _____

RSSDI Membership No.*: _____ Phone (Off): _____

Phone (Res): _____ Mobile*: _____

E-mail*: _____

REGISTRATION FEE >>>

(Tick the amount which is applicable & enclose)

Registration Categories	On SPOT Registration
Members	₹ 12980 (11000 + 18% GST)
Non Members	₹ 14160 (12000 + 18% GST)
PG Student	₹ 6490 (5500 + 18% GST)
Accompanying Person	₹ 9440 (8000 + 18% GST)

Registration fee is including 18% GST

ACCOMPANYING PERSON DETAILS

1. Name: _____ Age: _____ Gender: _____

2. Name: _____ Age: _____ Gender: _____

I am enclosing herewith a Cheque/ Demand Draft no. _____ dated ____ / ____ / _____

of Rs. _____ (in words: _____) only

drawn on bank _____ in favour of "RSSDIUP"

payable at Lucknow.

.....
Signature

Bank Details of RSSDIUP Chapter 2025:

Account Name: **RSSDIUP**

A/C No: **1678010004121**

IFSC CODE: **PUNB0873500**

Name of Bank: **PUNJAB NATIONAL BANK**

Branch: **Mama Chauraha, Aliganj, Lucknow (Uttar Pradesh)**

REGISTRATION GUIDELINES >>>

- RSSDI membership number is mandatory for registration in membership category.
- Online charges will be applicable at 3% of the total amount.
- Registration fees include admission to the scientific halls, trade exhibition, inaugural function and lunch.
- Provide us your updated email id & mobile number. As it will be used for the registration receipt and other conference communication.
- Organizing committee shall not be liable in any form in case of changes in date / venue due to unforeseen reasons.
- Conference organizers are not responsible for postal delays / failure of delivery by post or failure of electronic communication.
- It is mandatory for all delegates to carry their photo id (government approved) for smooth registration procedure.
- *It is mandatory to submit HOD Letter/ PG certificate to avail the registration in PG category.

CANCELLATION & REFUND >>>

- Requests for cancellation for refunds must be made in writing or through e-mail.
- Request must be sent to conference secretariat.
E-mail: rssdiupcon26@gmail.com
- No refund of registration fee will be provided for cancellation request received after 31st December 2025.
- 50% of the registration would be deducted as processing charges and rest will be refunded one month after conference completion.

Please send duly filled Registration form / NEFT Details along with Cheque or DD in favour of "RSSDIUP" payable at Lucknow to:

RSSDIUPCON 2026

Conference Secretariat

Dr. Shivendra Sinha

Organising Secretary

Dr. Virendra Verma

Organising Secretary

Brij Diabetes Centre, Civil Lines,

Housla Nagar, Ayodhya, 224001

Contact: +91 80768 45832

Email:- rssdiupcon26@gmail.com

For office use only

Receipt No.: _____

Registration No.: _____

In case of NEFT Payment please email proof of payment to : rssdiupcon26@gmail.com

Residential Package

(Accommodation + Registration)

02 Nights and 03 Days (Premium Deluxe room)

(Check in Date: 13 March 2026 Check out Date: 15 March 2026)

Categories	Late Riser till 31st Jan 2026
Members	₹ 30,680
Non Members	₹ 31,860
PG Student	₹ 25,960

02 Nights and 03 Days (Deluxe room)

(Check in Date: 13 March 2026 Check out Date: 15 March 2026)

Categories	Late Riser till 31st Jan 2026
Members	₹ 25,960
Non Members	₹ 27,140
PG Student	₹ 21,240

Inclusions

- The package includes registration fee and hotel accommodation on single occupancy only
- Packages are available for a minimum of 02 nights & 03 days basis which will be confirmed on receipt of full advance payment.
- The above packages are available to book only by 31st Jan 2026.
- Above mentioned packages are only applicable on conference dates and are for the delegates attending the conference only.

Term and Conditions

The above rates are inclusive of breakfast
Check in 1:00 pm Check Out Time is 11:00 am
Rooms will be allotted on first come first serve basis
Inclusive of all Taxes 18% GST

Residential Package

(Accommodation + Registration)

01 Nights and 02 Days (Premium Deluxe room)

(Check in Date: 14 March 2026 Check out Date: 15 March 2026)

Categories	Late Riser till 31st Jan 2026
Members	₹ 20,650
Non Members	₹ 21,830
PG Student	₹ 15,930

01 Nights and 02 Days (Deluxe room)

(Check in Date: 14 March 2026 Check out Date: 15 March 2026)

Categories	Late Riser till 31st Jan 2026
Members	₹ 18,290
Non Members	₹ 19,470
PG Student	₹ 13,570

Inclusions

- The package includes registration fee and hotel accommodation on single occupancy only
- Packages are available for a minimum of 01 nights & 02 days basis which will be confirmed on receipt of full advance payment.
- The above packages are available to book only by 31st Jan 2026.
- Above mentioned packages are only applicable on conference dates and are for the delegates attending the conference only.

Term and Conditions

The above rates are inclusive of breakfast
Check in 1:00 pm Check Out Time is 11:00 am
Rooms will be allotted on first come first serve basis
Inclusive of all Taxes 18% GST

How to Reach



BY AIR

For Ayodhya the nearest airports are Chaudhary Charan Singh Airport (Lucknow-134 km), or Bumrauli Airport (Prayagraj - 166 km).

S.No	Flight No.	Airline	Origin City	Departure Time (IST)	Scheduled Arrival (IST)
1	6E 934	IndiGo	Bengaluru (BLR)	06:55	09:25
2	6E 6687	IndiGo	Ahmedabad (AMD)	08:05	10:00
3	IX 2508	Air India Express	Bengaluru (BLR)	08:50	11:35
4	AI 9400	Air India	Bengaluru (BLR)	08:50	11:35
5	IGO 2701	IndiGo	New Delhi (DEL)	13:40	15:05
6	IGO 5116	IndiGo	Mumbai (BOM)	14:30	16:55
7	IGO 6477	IndiGo	Hyderabad (HYD)	14:10	19:08
8	LLR 855 (ATR-72)	Alliance Air	Hisar (HSS)	10:35	12:25



BY ROAD

Connected by road to several major cities and towns. Some of the major road distances are: Lucknow (134 km), Gorakhpur (147 km), Jhansi (441 km), Prayagraj (166 km), Sravasti (119 km), Varanasi (209 km) and Gonda (51 km).

UPSRTC and Private Operators Buses are Available Frequently

How to Reach



BY TRAIN

Ayodhya is situated on the broad gauge Northern Railway line on Mughal Sarai – Lucknow main route. Ayodhya are connected to various parts of the country by many trains.

Train No.	Train Name	Origin Station	Arrival Station	Arrival Time
22426	Vande Bharat Express	Anand Vihar Terminal (ANVT)	Ayodhya Cantt (AYC)	14:30
14206	Ayodhya Express	Delhi Junction (DLI)	Ayodhya Cantt (AYC)	06:20
14650	Saryu Yamuna Express	Amritsar Junction (ASR)	Ayodhya Cantt (AYC)	08:28
14650	Saryu Yamuna Express	Amritsar Junction (ASR)	Ayodhya Dham Junction (AY)	08:46
22103	LTT–AYC Superfast Express	Lokmanya Tilak Terminus (LTT)	Ayodhya Cantt (AYC)	17:30
15744	Farakka Express	Malda Town (MLDT)	Ayodhya Cantt (AYC)	08:15
14204	Lucknow–Ayodhya Cantt Intercity	Lucknow Charbagh NR (LKO)	Ayodhya Cantt (AYC)	10:50
14208	Padmavat Express	Delhi Junction (DLI)	Ayodhya Cantt (AYC)	04:20
14258	Kashi Express	Lucknow Charbagh NR (LKO)	Ayodhya Dham Junction (AY)	05:45
15050	Gorakhpur–Ayodhya Cantt Express	Gorakhpur Junction (GKP)	Ayodhya Cantt (AYC)	09:20
15018	Gorakhpur–Ayodhya Cantt Intercity	Gorakhpur Junction (GKP)	Ayodhya Cantt (AYC)	17:15
15118	Manduadih–Ayodhya Cantt Express	Manduadih (MUV)	Ayodhya Cantt (AYC)	20:40
14212	Varanasi–Ayodhya Cantt Intercity	Varanasi Junction (BSB)	Ayodhya Cantt (AYC)	07:15
15273	Satyagrah Express	Raxaul Junction (RXL)	Ayodhya Cantt (AYC)	11:20
14016	Sadbhavna Express	Raxaul Junction (RXL)	Ayodhya Cantt (AYC)	18:40

About City



Ram Mandir

enduring legacy of Lord Rama and the rich cultural heritage of India.

The construction of the Ram Temple at Ram Janmabhoomi Ayodhya commenced in 2020 and was completed on January 22, 2024. The temple complex is envisioned as a grand architectural marvel, designed to accommodate millions of pilgrims and devotees from around the world. It is expected to serve as a symbol of unity, spirituality, and cultural heritage for generations to come. Today, Ram Janmabhoomi Ayodhya continues to be a site of immense religious significance and pilgrimage for Hindus worldwide. It stands as a testament to the



Shri Hanuman Garhi Mandir

Hanuman along with his mother, Maa Anjani. Ram Navami and Hanuman Jayanti, which celebrate the birth of Lord Ram and Lord Hanuman respectively, attract thousands of devotees to the Hanuman Garhi.

Located in Sai Nagar, Hanuman Garhi is a 10th-century temple dedicated to the Hindu God, Hanuman. It is one of the most important temples in Ayodhya as it is customary to visit Hanuman Garhi before visiting the Ram Temple in Ayodhya. It is believed that Lord Hanuman lived at the temple site guarding Ayodhya. The hilltop temple honours a 76-staircase pathway to the entrance. Housed within the panoramic view of the surrounding hills is a 6-inch-tall idol of Hanuman. The main temple has an interior cave adorned with the numerous statues of Lord



Kanak Bhawan

The Kanak Bhawan is established towards the northeastern corner of the Ram Janmabhoomi in Tulsi Nagar. Constructed in 1891, this temple is also known as Sone-ka-Ghar. It is a holy site dedicated to the Hindu deity Lord Rama and his wife, Goddess Sita. Kanak Bhawan, also meaning Golden Palace, houses three golden-crowned idols of the two gods under a silver roof in the sanctum sanctorum (Garbagriha). It is believed that this shrine was gifted to Rama and Sita by the former's stepmother, Kaikeyi.



Ayodhya Deepotsav

further elevating the festival's global recognition.

Ayodhya Deepotsav stands as one of the most magnificent celebrations in India, renowned for its grandeur and scale. The event features artists portraying Shree Ram, Sitaji, and Lakshmana, who descend via helicopter symbolizing the Pushpak Viman at the illustrious Ramkatha Park. The Saryu River banks come alive with a spectacular aarti, enhanced by vibrant lighting and the glow of countless diyas. In the previous edition, a record-breaking 6,06,569 earthen lamps were lit at Ram Ki Paidi, earning a place in the Guinness World Records and

Suryakund holds immense spiritual significance for devotees of Lord Rama, who consider it a sacred pilgrimage site. The surrounding area is dotted with temples and shrines dedicated to various deities, where devotees offer prayers and seek blessings for prosperity and well-being. The peaceful ambiance and spiritual aura of Suryakund make it an ideal spot for meditation and introspection. Don't miss the captivating laser show in the evening, which narrates the tale of Lord Ram in a compelling manner.



Laser Show, Suryakund



अयोध्या

RSSDIUPCON 2026

Conference Secretariat

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Organising Secretary

Dr. Virendra Verma
Organising Secretary

Brij Diabetes Centre, Civil Lines, Housla Nagar, Ayodhya, 224001

Email:- rssdiupcon26@gmail.com | Contact: +91 70119 43194

Conference Manager



CONFERENCE | EXHIBITION | PRODUCTION



www.rssdiupcon2026.com